

What is expected of an Au Pair?

Please make sure that you feel comfortable with the family and that you will be able to fulfil their wishes before you accept the placement. If there are any points on which you do not agree then it is important that the host family is made aware of this. You will find that in most cases compromises can be made. You must try your best to be friendly, helpful and cheerful as well as willing to learn. This will help to create a good warm relationship between you and your family. You may feel lonely and homesick to start with as this is quite normal and your family will be aware of this. Any problems or difficulties you may experience must be discussed with the family, communication is very important to aid you to understand each other.

Duties:

You will be instructed by your family of the hours that you should work. Ensure that you are awake and ready to start work at the time requested. You will normally be requested to do light house work e.g. Dusting, Vacuuming, Using the washing machine, Ironing, General Cleaning and tidying, some simple cooking or meal preparation, washing up dishes and helping with the evening meal. You will also be expected to help with the children. Taking them to and collecting them from school, bathing, preparing light snacks and playing with them. Playing with the children will help you develop a good relationship with them. You may also be requested to baby-sit up to 2 evenings per week.

Free Time:

You will be given free time as shown on the family registration form. When you go out let the family know where you are going and when you will return otherwise the family will worry about you. Please make sure that you are home in time to baby-sit or perform other duties if these have been requested. If you are going to be late please telephone the family to let them know. Make sure that you ask the family for permission if you want a friend to come and visit. Remember that you all live as a family and be courteous – do not play your music too loud and remember to clear up after you even if it is in your free time.

Problems:

If you do have any difficulties that you cannot resolve please contact the agency. Becoming an Au Pair should be a good experience and we wish you to enjoy your stay. We will work to make your stay as fulfilling and enjoyable as possible and do everything in our power to help you make the most of your time as an Au Pair.

We are always here to help please phone us if you need to.